Il tumore della cervice uterina Trattamento Conservativo







Dorella Franchi Preventive Gynecologic Unit European Institute of Oncology



Cervical cancer

Epidemiology

- Fourth most frequent cancer in women
- 570,000 new cases in 2018 (6.6% of all female cancers)
- 311.000 deaths in 2018 (approximately 90% occurred in lowand middle-income countries)
- Virtually all cervical cancers are associated with human papilloma viruses (HPV)





Cervical Cancer - Hystology

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Cervical cancer

Prognostic factors

- TNM and FIGO stage (including tumor size extracervical tumor extension and nodal involvement)
- Depth of cervical stromal invasion and a minimum thickness of uninvolved cervical stroma
- Lymphovascular space involvement (LVSI)
- Distant metastasis



Survival by stage



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FIGO COMMITTEE REPORT

WILEY OBSTETRICS

Revised FIGO staging for carcinoma of the cervix uteri *

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Box 1 FIGO staging of carcinoma of the cervix uteri (2018).

Stage I:

The carcinoma is strictly confined to the cervix uteri (extension to the corpus should be disregarded)

- IA Invasive carcinoma that can be diagnosed only by microscopy, with maximum depth of invasion <5 mm^a
- IA1 Measured stromal invasion <3 mm in depth
- o IA2 Measured stromal invasion ≥3 mm and <5 mm in depth
- IB Invasive carcinoma with measured deepest invasion ≥5 mm (greater than stage IA), lesion limited to the cervix uteri^b
- IB1 Invasive carcinoma ≥5 mm depth of stromal invasion and <2 cm in greatest dimension
- o IB2 Invasive carcinoma ≥2 cm and <4 cm in greatest dimension
- IB3 Invasive carcinoma ≥4 cm in greatest dimension

Stage II:

The carcinoma invades beyond the uterus, but has not extended onto the lower third of the vagina or to the pelvic wall

- IIA Involvement limited to the upper two-thirds of the vagina without parametrial involvement
- **IIA1** Invasive carcinoma <4 cm in greatest dimension
- **IIA2** Invasive carcinoma ≥4 cm in greatest dimension
- IIB With parametrial involvement but not up to the pelvic wall

Stage III:

The carcinoma involves the lower third of the vagina and/or extends to the pelvic wall and/or causes hydronephrosis or non-functioning kidney and/or involves pelvic and/or paraaortic lymph nodes^c

- IIIA Carcinoma involves the lower third of the vagina, with no extension to the pelvic wall
- IIIB Extension to the pelvic wall and/or hydronephrosis or non-functioning kidney (unless known to be due to another cause)
- IIIC Involvement of pelvic and/or paraaortic lymph nodes, irrespective of tumor size and extent (with r and p notations)^c
- o IIIC1 Pelvic lymph node metastasis only
- o IIIC2 Paraaortic lymph node metastasis

Stage IV:

The carcinoma has extended beyond the true pelvis or has involved (biopsy proven) the mucosa of the bladder or rectum. A bullous edema, as such, does not permit a case to be allotted to stage IV

- IVA Spread of the growth to adjacent organs
- IVB Spread to distant organs

- ✓ Stage IA : only infiltration depth!
- ✓ Stage IB : substaged in B1-2-3
- Stage IIIC: substaged according to N + (pelvic or paraaortic)

From Clinical staging - - > To Clinical, radiological and surgical staging

Cervical Cancer – standard management

Stage IA – IB2	 Tumors < 4 cm with no parametrial invasion) Radical hysterectomy + lymphadenectomy (except stage IA1)
Stage ≥IB3	 Tumors > 4 cm or parametrial invasion) or bulky lymphnodes Radiotherapy/Chemiotherapy or NACHT+ Surgery
Exception	 exophytic tumors > 4 cm, with no parametrial engagement -> surgery



First birth rate by selected age of mother



NOTE: Access data table for Figure 1 at: http://www.cdc.gov/nchs/data/databriefs/db152_table.pdf#1. SOURCE: CDC/NCHS, National Vital Statistics System.





Fertility Sparing Treatment



Fertility preservation

Oncological outcome

ESGO/ESTRO/ESP guideline

The European Society of Gynaecological Oncology/European Society for Radiotherapy and Oncology/European Society of Pathology guidelines for the management of patients with cervical cancer

2018

David Cibula ^{a,*}, Richard Pötter ^b, François Planchamp ^c, Elisabeth Avall-Lundqvist ^d, Daniela Fischerova ^a, Christine Haie Meder ^e, Christhardt Köhler ^f, Fabio Landoni ^g, Sigurd Lax ^h, Jacob Christian Lindegaard ⁱ, Umesh Mahantshetty ^j, Patrice Mathevet ^k, W. Glenn McCluggage ^l, Mary McCormack ^m, Raj Naik ⁿ, Remi Nout ^o, Sandro Pignata ^p, Jordi Ponce ^q, Denis Querleu ^c, Francesco Raspagliesi ^r, Alexandros Rodolakis ^s, Karl Tamussino ^t, Pauline Wimberger ^u, Maria Rosaria Raspollini ^v

Fertility Sparing Treatment (FST)

- Before starting FST, consultation at a fertility center is recommended.
- ✓ FST only in gynecologic-oncological centers (expertise in this kind of oncologic therapy).
- Prognostic factors, clinical staging, and preoperative workup do not differ from those who do not consider FST.
- Squamous cell carcinoma or usual-type (HPV-related) adenocarcinoma =<2 cm of the largest diameter
- ✓ FST not recommended for rare histological subtypes (more aggressive behavior).
- ✓ FST abandonment if : lymph node involvement or positive margins

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Diagnostic preoperative work-up

Local clinical and radiological diagnostic work-up



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Pelvic examination and biopsy +/- colposcopy are mandatory components to diagnose cervical cancer.

Pandatory initial work-up for assessment of pelvic tumour extent and to guide treatment options is pelvic magnetic resonance imaging (MRI).



Endovaginal/transrectal ultrasound is an option if performed by a properly trained sonographer.

B

In locally advanced cervical cancer (T1b2 and higher (except T2a1) or in early stage disease with suspicious lymph nodes on imaging, positron emission tomography-computed tomography (PET-CT) or chest/abdomen computed tomography (CT) is recommended for assessment of nodal and distant disease.

Can TVUS be used to guide the management of cervical cancer in young patients ?





2008

Transrectal ultrasound and magnetic resonance imaging in staging of early cervical cancer

D. FISCHEROVA*, D. CIBULA*, H. STENHOVA†, H. VONDRICHOVA†, P. CALDA*, M. ZIKAN*, P. FREITAG*, J. SLAMA*, P. DUNDR‡ & J. BELACEK§

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Ultrasound Obstet Gynecol 2009; 34: 335–344 Published online in Wiley InterScience (www.interscience.wiley.com). DOI: 10.1002/uog.7325

2009

Transvaginal ultrasonography and magnetic resonance imaging for assessment of presence, size and extent of invasive cervical cancer

A. C. TESTA*, M. LUDOVISI†, R. MANFREDI‡, G. ZANNONI§, B. GUI¶, D. BASSO*, A. DI LEGGE*, A. LICAMELI*, R. DI BIDINO**, G. SCAMBIA* and G. FERRANDINA*†



Early-stage cervical cancer: Tumor delineation by magnetic resonance imaging and ultrasound – A European multicenter trial $^{\bigstar, \bigstar, \bigstar}$

Elisabeth Epstein ^{a,*}, Antonia Testa ^b, Adrius Gaurilcikas ^c, Alessia Di Legge ^b, Liveke Ameye ^d, Vaida Atstupenaite ^e, Anna Lia Valentini ^f, Benedetta Gui ^f, Nils-Olof Wallengren ^g, Sonja Pudaric ^g, Arvydas Cizauskas ^h, Anna Måsbäck ⁱ, Gian Franco Zannoni ^j, Päivi Kannisto ^k, Michal Zikan ¹, Ivana Pinkavova ¹, Andrea Burgetova ^m, Pavel Dundr ⁿ, Kristyna Nemejcova ⁿ, David Cibula ¹, Daniela Fischerova ¹ In a series of 95 cases TRU > MRI to detect small cervical cancers (<1 cm) TRU more sensitive than MRI for detecting parametrial involvement (83 % vs 50 %)

68 women with cervical cancer TVS = MRI tumor detection and tumor size TVS more sensitive than MRI for identifying parametrial involvement (60 % vs 40 %). p=ns

182 early-stage cervical cancers.
TVS > MRI in tumor detection.
TVS = MRI for parametrial involvement and stromal invasion >2/3.



How can we assess cervical cancer by TVUS - TRUS?



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What should be assessed by TVUS - TRUS?



Presence of disease



Sonographic characteristics of squamous cell cancer (SCC) and adenocarcinoma of the uterine cervix (AC) at TVUS

Prospective two center study 40 pts (20 SCC, 20 AC)



Isoechoic echogenicity associated with AC in 68%

Ipoechoic echogenicity associated with SCC in 73%



Epstein et al Ultrasound Obstet Gynecol 2010

Tumor measurement



Transversal plane

Longitudinal plane: Cervical fundal (CF) Antero-posterior (AP) <u>Transversal Plane</u>: Lateral-lateral (LL)

Maximal tumor diameter < or > 4 cm



The role of vaginosonography

Suitable for small and /or mainly exophytic lesions







Long section

Transverse section











Squamous cervical cancer stage pT1b2 IIIC1 Pelvic N+











Cesarean Section 32+5 w for suspicious placental abruption

31.5 mm

27 mm

SCC IB2 diam at MRI 31x27x18



<u>1 D 3.24cm</u> 2 D 2.56cm

Assessment of stromal invasion & parametrial invasion



- Exophytic tumors growth below fornices
- no risk of parametrial invasion

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- don't forget to look for vaginal/paracolpic extension

Stromal and lateral parametrial invasion should be assessed at the level where uterine arteries arrive = above vaginal fornices



Assessment of stromal invasion (transverse section)



Assess if stromal invasion < 2/3 or \geq 2/3 on right and left side



One wall max tumor diameter (A) / One wall cervical diameter (B)





Minimum Free Margin > 3 mm





Assessment of minimal distance upper margin of tumor to inner cervical os



Trachelectomy or conization: Tumors < 2 cm, Distance tumor to inner cervical os <u>> 1 cm</u>

Distance highest margin of tumor to inner cervical os (at arrival of uterine arteries)









Linfonodi Positivi: STOP percorso conservativo

Trattamento adiuvante sulla base dei fattori di rischio (margini positivi sul cono, LVSI +)



Maximal lenght 9 mm Stromal infiltration 1 mm Stage IA1 LVSI-

L D0.89cm 2 D0.62cm

Laserconization





Inf stromale > 5 mm e diam max < 2 cm

malattia residua: estensione > 7 mm infiltrazione > 3 mm STOP percorso conservativo











21 mm









Final pathology: adenocarcinoma stage IB1 N-



STAGE IB1 (FIGO 2018) NODE NEGATIVE Simple Trachelectomy/ **RT Vaginal approach RT Laparoscopy RT Laparotomy Cone resection Recurrence rate: Recurrence rate: Recurrence rate: Recurrence rate:** 5.2% 4.1% 4.7% 2.4% **Pregnancy rate: Pregnancy rate: Pregnancy rate: Pregnancy rate:** 56.3% 58.7% 46.4% 36% Live birth rate: Live birth rate: Live birth rate: Live birth rate: 88% 71% 62% 66.6%

Morice Ph^{a,b,c,*}, A. Maulard^a, S. Scherier^a, C. Sanson^a, J. Zarokian^a, F. Zaccarini^a, S. Espenel^d, P. Pautier^e, A. Leary^{e,f}, C. Genestie^g, C. Chargari^{b,d}, M. Grynberg^{c,h}, S. Gouy^a

Oncologic results of fertility sparing surgery of cervical cancer: An updated systematic review

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2022





Neoadjuvant chemotherapy prior to fertilitysparing surgery in cervical tumors larger than 2 cm: a systematic review on fertility and oncologic outcomes 2021

Neoadjuvant

Chemotherapy

· Platinum based

chemotherapy

• 3 - 6 cycles

Javier Burbano,¹ Fernando Heredia,² Daniel Sanabria,^{3,4} Edison Gilberto Ardila,³ David Viveros-Carreño,⁴ Juliana Rodriguez ⁽¹⁰⁾ ^{4,5}

205 patients

· Squamous Cell

Carcinoma

carcinoma

Cervical cancer

size 2-4 cm

Adenosquamous

Adenocarcinoma



Vaginal radical

trachelectomy

Abdominal

trachelectomy

Conization

· Laparoscopic radical

trachelectomy

Fertility Sparing Surgery

Neoadjuvant chemotherapy followed by fertility sparing surgery in cervical cancers size 2–4 cm; emerging data and future perspectives

114 patients

2021

Nnamdi I. Gwacham ^{a,*}, Nathalie D. McKenzie ^{a,b}, Evan R. Fitzgerald ^b, Sarfraz Ahmad ^{a,b,*}, Robert W. Holloway ^{a,b}

- FST in tumors > 2 cm is considered as an experimental approach.
 - The first selection criterion is node-negative disease
 - Response rate 87-92%
 - Relapse rate
 6 12,8%
 - Pregnancy rate 84 96%

NACHT in cervical cancers 2– 4 cm prior to FSS: decrease tumor size, ease surgical resection, and reduced risk for postoperative adjuvant radiotherapy



⊢___4 cm__







Age 34 yrs Squamous Cell Cancer FIGO stage IB2



Lymphadenectomy + NACHT (6 courses) Lasercone:

- residual tumor Max lenght 5 mm
- stromal infiltration 2,9 mm
- free margin 0 mm





Further 3 Courses CHT

Lasercone: negative





Age 33 yrs Squamous Cell Cancer FIGO stage IB2 N-





1 D 2.86cm







9 courses NACHT dose dense







Don't forget a correct staging!

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Vescico-cervical space -

Spaz

Nodal Assessment

- Negative pelvic lymph node status is the precondition for any FST
- First step in each FST procedure: pelvic lymph node (sentinel lymph node) staging (and ultrastaging)
- In case of intraoperatively proven lymph node involvement, FST should be abandoned, and the patient referred to definitive chemoradiotherapy

Can we use US to identify Pelvic Nodes?

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- Risk of tumor recurrence following FST
- Patients must be carefully followed up by expert gynecologic oncologist and colposcopist
- Follow-up intervals should be 3–4 months for the first 2 years postoperatively, and then 6 months up to 5 years.
- Pelvic MRI and TVUS once a year
- ✤ PET scan once a year (IA2 IB1 IB2< 3 cm)</p>
- Follow-up should include HPV testing (with or without cytology).
- Pregnancy is allowed after 12 months of negative controls
- Routine hysterectomy after finishing fertility plans is not mandatory (can be discussed according to clinical history)

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ESGO – ESTRO – ESP Guidelines 2018

Conclusions

- In experienced hands ultrasound at least as good as MRI for the assessment of early cervical cancer
- The great advances in ultrasound technology
- Its relatively low cost
- The rapidity of the procedure
- The role of ultrasound in the pre-treatment work-up of cervical cancer in young patients must be considered

